



We are inviting parents who are raising a child with Autism Spectrum Disorder (ASD) and a typically developing sibling, as well as the typically developing siblings of Autistic Child, to share their experiences. This study explores their experiences of growing with an autistic child as well as parents' perspectives.

Who Can Take Part?

- ✚ Parents and typically developing siblings of Autistic child.
- ✚ Have at least one child diagnosed with autism and one typically developing child.
- ✚ Able to communicate in English.
- ✚ Based in the UK (or willing to join online).

What Will You Do?

- ✚ Take part in a 45–60 minutes interview separately (parent and sibling).
- ✚ Choose between online or in-person participation.
- ✚ Discuss your family's experiences, communication patterns, and everyday difficulties

Your insights may help researchers understand how families manage communication and emotional balance, and how approaches like Acceptance and Commitment Therapy might support family wellbeing.

Reimbursement

- ✚ Participants will receive a **£10 Amazon voucher** as a thank you for their time and contribution.

Why This Study?

- ✚ To explore how parents navigate the unique challenges of supporting both an autistic child and a typically developing sibling.
- ✚ It also examines how growing up alongside an autistic sibling may shape the developmental experiences of typically developing children.

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 *Your experiences may help shape better emotional and psychological support for families living with autism.*