

RESEARCH PROJECT AUTISM AND GENDER: EXPLORING THE RELATIONSHIP

Full Title: Gender Dysphoria and Autism Spectrum Disorder: Internal Characteristics of Autism that predict severity of gender-related distress



What is the purpose of this study?

We are looking to explore the relationship between autism and gender, by looking at traits associated with autism and individuals' experiences of their gender.

Can I be involved?

We are looking for autistic individuals aged between 13-17 years old, both who DO and DON'T identify as gender diverse.

What is needed from me?

To complete a set of questionnaires asking about your experience of emotions, how you feel about your body, your gender, experiences of depression, anxiety and stress, experiences of bullying, and your relationship with your parents/carers. If you are aged 16 or over you will also be asked to complete a questionnaire exploring traits of autism.

WHAT ARE THE BENEFITS OF BEING INVOLVED?

1. By taking part you are contributing to research that develops our understanding of factors that might influence the relationship between autism and gender
2. The results of this study could lead to adaptations to treatment for autistic individuals experiencing gender-related distress
3. Each participant will be offered a £10 Amazon voucher

How do I get involved?

If you would like more information or are interested in taking part please contact:

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Please get in contact before 31/01/2025