

Research Involvement Opportunity

Are you interested in research on depression in autistic and neurodivergent young adults? Have your say!

We're exploring how depression presents in autistic and neurodivergent young adults from diverse racial/ethnic backgrounds, and how mental health assessments can be improved to reflect their lived experiences.

Your insights will help improve how depression is identified and understood in autistic and neurodivergent young adults, especially those from underrepresented backgrounds.

Who can take part?

- Parents or caregivers of autistic/neurodivergent young adults aged 18-25, or
- Mental health professionals working with autistic/neurodivergent young adults aged 18-25.

Individuals from minority racial/ethnic backgrounds are especially encouraged to apply.

What's involved?

- One individual interview (up to 2 hours)
- Two focus group sessions (lasting up to 2 hours each)

You'll be paid £25 per hour for your time.

How do I get involved?

Follow the link or scan the QR code below for more information and to register your interest.

Parents/caregivers:

- Follow this link:
<https://forms.office.com/e/TXwHuE3RH7>
- Or scan the QR code below:



Mental health professionals:

- Follow this link:
<https://forms.office.com/e/6TTu5CznGx>
- Or scan the QR code below:



For more information, contact: Emma Hayashibara, PhD Candidate, Queen Mary University of London – e.hayashibara@qmul.ac.uk