



Exploring the care and support needs of adults waiting for an adult autism diagnostic assessment



Have you been referred for an autism diagnostic assessment since 2021 and waited for 13 weeks or more to be seen OR waited 13 weeks or more before seeking a private assessment?

What is this for?

- This project is being undertaken as part of my doctorate in clinical psychology
- Due to the the increasing length of adult autism assessment waiting lists we want to understand:
 - the experience of waiting
 - the care and support needs of those waiting
 - what help waiters would like from services



What does it involve?

- A brief introductory meeting over the phone or via teams to discuss the project and answer any questions.
- A 60 minute plus one to one recorded interview held remotely over Microsoft Teams discussing your waiting experience*



*Please note we will ask questions around the challenges of waiting which may cause emotional distress or upset for some people

Who can take part?

To take part, you need to:

- be 18 years or over
- have been referred to an NHS adult autism diagnostic service since 2021
- have waited over 13 weeks to be seen for your assessment **OR** have waited over 13 weeks on the NHS waiting list before seeking a private diagnosis
- not be having input from learning disabilities services or secondary mental health services
- speak English and live in the UK.
- be able to provide informed consent to take part in a one-hour+, one-to-one recorded interview held over Microsoft Teams to share your experiences?

You will be reimbursed for your time

Interested or want more information? Contact us on the address below or scan the QR code

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