

# ARE YOU GOING THROUGH THE MENOPAUSE?

HAVE YOU  
EXPERIENCED

CHANGES TO YOUR MEMORY?  
DIFFICULTY CONCENTRATING?  
CHALLENGES WITH FINDING WORDS?

## WE WANT TO HEAR FROM YOU!

Researchers at Goldsmiths exploring what it's like to experience "brain fog" during menopause. They are particularly interested in hearing from people from neurodivergent groups, such as those who are autistic or ADHD.

To register your interest or find out more, scan the QR code or visit the link below: <https://bit.ly/CAMINA1>

Taking part in this study involves a 1-hour online interview with our research team about your experiences.



**The CAMINA Study**  
Exploring the cognitive symptoms  
of menopause and their impact  
on neurodiverse adults