

CALLING FOR PARTICIPANTS!

JOIN OUR RESEARCH ON UNDERSTANDING AUTISTIC EXPERIENCES OF PERSON-CENTRED THERAPY

Why This Research Matters

There is a significant lack of research on how autistic adults experience Person-Centred Therapy. Your voice can help us better understand what aspects of therapy feel supportive or challenging for autistic clients. By sharing your experiences, you will contribute to research that could help inform more inclusive and reflective therapeutic practice.

Who We're Looking For

- You are an autistic adult (18+) and are based in the UK.
- You have received at least six sessions of Person-Centred Therapy.
- You are willing to be interviewed about your experiences.
- You'll need to be comfortable speaking, reading, and understanding English, as the interview and study information will be provided in English.

What's involved

A confidential one-to-one interview (60–90 minutes) conducted online via Microsoft Teams at a time that suits you.

You can skip any questions you do not wish to answer and take breaks if needed.

As a thank you for your time, you will receive a £20 voucher.

Interested in Participating?

Scan the QR code for more information and to sign up!

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<https://tinyurl.com/4fbmk35x>